



INTENT - IMPLEMENTATION - IMPACT

PE

INTENT

At Semley, we strive to create a culture which aims to inspire children to keep active and healthy. Our PE curriculum is planned to be inclusive of all children, inspiring them to achieve and develop the skills needed to excel in a broad range of physical activities. PE is an imperative element of the school curriculum which supports the promotion of healthy lifestyles, and a positive mind-set that brings resilience and perseverance for difficult tasks.

Our Physical Education curriculum reflects our Semley School values – in particular the values of **respect, aspiration** and **adventure**. Through PE, children are given opportunities to be adventurous in trying new sports and physical challenges; they are encouraged to be aspirational in their expectations of what they can achieve, and are taught the importance of respect and sportsmanship in both informal and competitive sport. Children at Semley are offered plentiful opportunities to engage and compete in team and individual sports at local fixtures and events as well as in-school.

IMPLEMENTATION

Through the use of highly skilled and professionally trained sports coaches in addition to school staff, weekly PE lessons are delivered with high quality teaching covering a variety of team and individual sports giving all children the opportunity to build their confidence in physical activity in fun and stimulating ways. PE at Semley Primary School provides challenging and enjoyable learning through a variety of sporting activities including: invasion games, net & wall games, strike and field games, gymnastics, dance, swimming and outdoor adventurous activities. Our school long term plans set out the PE units which are taught throughout the year, ensuring the requirements of the National Curriculum are fully met across both Key Stages. All Semley pupils participate in two hours of high quality PE lessons every week, covering two sporting disciplines every half term. A progression of skills is used with each year group, which enables pupils to build on their skills each year for each area. We offer swimming lessons to our Year 3's during the Spring Term.

Children are also offered and encouraged to participate in a varied range of extra-curricular activities after school, with sports clubs available four afternoons per week led by external sports coaches. Children are also invited to take part in local competitive sporting events with children from other schools - this encourages physical development and also supports mental well-being through developing teamwork and leadership skills. Every year a small group of Year 6 pupils are invited to become Sports Ambassadors for the school. They develop into sporting role models for the younger children, allocate lunchtime activities, assist during our annual Sports Day and often lead our weekly 'Wake and Shake' sessions. In addition, children participate in focussed taster sessions covering a variety of sports throughout the year to provide them with the opportunity to try something new. This has included sports such as tennis, tae kwon do and glofit.



INTENT - IMPLEMENTATION - IMPACT

IMPACT

At Semley School we ensure our PE curriculum is progressive and allows all children to develop fundamental skills and apply them to a variety of sports and activities, whilst ensuring lessons are engaging and fun. Through PE, all children are provided with the necessary skills and opportunities to achieve their personal best. Our children are physically active and this has a positive impact on their learning in the classroom across other areas of the curriculum. Our children understand how to lead a healthy lifestyle and understand the importance of regular exercise. We aspire for children to enjoy PE and develop a love of sports and physical activity which becomes part of their future life outside of primary school. By the end of KS2 children will leave Semley School with a broad experience of many different sports and the knowledge and understanding of the benefits of physical education to go on to live happy and healthy lives.