

Workshops for Parents - PSHRE

NSPCC – Keeping Children Safe Online (Free Virtual Workshop)

A 40-minute online workshop designed for parents and carers, covering:

- Online bullying
- Mental health impacts
- Social media risks
- Where to get help and support

It's available free on YouTube and can be watched individually or shown to groups.

Schools or community groups can also request a live delivery from NSPCC staff.

CEOP (NCA) – Free Online Safety Resources for Parents & Children

CEOP provides:

- Parent/carer help sheets
- Family activity packs
- Guidance on reporting concerns

These are not a single workshop but a complete free library of structured online safety education.

Kidscape – Digital Safety Training for Parents & Carers (Free Sessions)

Kidscape offers free digital safety workshops (dates vary).

They help parents:

- Understand what children do online
- Recognise risks
- Learn practical safety strategies
- Build confidence discussing online issues

Outside agencies deliver online safety information to children in schools in Dorset for free

In Dorset, several outside agencies provide free online safety information to children in schools. These agencies include the **South West Grid for Learning (SWGfL)**, **Dorset Police**, and **NSPCC Learning**. They offer various resources and tools to help children and young people stay safe online. Here are some of the key services they provide:

- **SWGfL 360 Degree Safe:** A tool that helps schools identify their effectiveness in dealing with online safety and source resources for improvement. [↗ 1](#)
- **Be Internet Legends:** A program developed by Google and Parent Zone that teaches children how to be safer and more confident online. [↗ 1](#)
- **Digiduck's Big Decision:** An engaging online safety story for young children that helps them learn about friendship and responsibility online. [↗ 1](#)
- **Jessie & Friends:** A series of animations that follow the adventures of Jessie, Tia, and Mo as they navigate the online world. [↗ 1](#)
- **Play Like Share:** A three-episode animated series that helps 8 to 10 year olds learn how to stay safe from sexual abuse and other online risks. [↗ 1](#)
- **NSPCC Learning:** Offers a whole school approach to online safety, including e-learning courses and resources to help schools teach children about online safety. [↗ 1](#)

These resources are designed to educate children and young people about the risks they might encounter online and provide guidance on how to stay safe. They are available for free and can be accessed by schools and other organizations in Dorset.